PEPTIDEDOSAGE

AICAR Dosage Chart

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TYPICAL RESEARCH DOSE

1–5 mg once daily SC (titrated)

50 mg vial + 3 mL bacteriostatic water

16.67 mg/mL · 1 unit = 166.7 mcg on a U-100 syringe

WEEK/PHASE	DAILY DOSE	UNITS (PER INJECTION) (ML)
Weeks 1–2	1,000 mcg (1 mg)	6 units (0.06 mL)
Weeks 3–4	2,000 mcg (2 mg)	12 units (0.12 mL)
Weeks 5–8	3,000 mcg (3 mg)	18 units (0.18 mL)

AICAR dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	50 MG VIAL + 3 ML (16.67 MG/ML)
1 mg	6 units (0.06 mL)
2 mg	12 units (0.12 mL)
3 mg	18 units (0.18 mL)

STORAGE

Lyophilized frozen at -20 °C; reconstituted refrigerated 2–8 °C for up to 4 weeks.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.