PEPTIDEDOSAGE

# Chelohart Dosage Chart

Medically reviewed June 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

## 10-20 mg/day oral (2 caps); 1-2 mg/day SC reference

### 20 mg vial + 2 mL bacteriostatic water

10 mg/mL · 1 unit = 100 mcg on a U-100 syringe

| PHASE | DOSE PER INJECTION | UNITS (PER INJECTION) |
|---|---|---|
| Conservative course (educational SC, days 1-10) | 1000 mcg (1 mg) | 10 units (0.10 mL) |
| Standard course (educational SC, days 1-20) | 1500 mcg (1.5 mg) | 15 units (0.15 mL) |
| Intensive course (educational SC, days 1-30) | 2000 mcg (2 mg) | 20 units (0.20 mL) |

### Chelohart dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

| DOSE | 20 MG VIAL + 2 ML (10 MG/ML) |
|---|---|
| 1 mg | 10 units (0.1 mL) |
| 1.5 mg | 15 units (0.15 mL) |
| 2 mg | 20 units (0.2 mL) |

STORAGE

Marketed capsules: store in a cool, dry place at room temperature, away from light and moisture. For the educational injectable model: keep the lyophilized vial at -20 °C long term or 2-8 °C for short periods, protected from light; once reconstituted, refrigerate at 2-8 °C and use within about 3-4 weeks.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.