PEPTIDEDOSAGE

Follistatin-315 Dosage Chart

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TYPICAL RESEARCH DOSE

100-300 mcg/day SC (research only; no clinical dose)

1 mg vial + 1 mL bacteriostatic water

1 mg/mL · 1 unit = 10 mcg on a U-100 syringe

PHASE	DOSE PER INJECTION	UNITS (PER INJECTION)
Days 1-7 — conservative research start	100 mcg	10 units (0.10 mL)
Weeks 2-3 — common community range	200 mcg	20 units (0.20 mL)
Upper bound — reported research ceiling	300 mcg	30 units (0.30 mL)

Follistatin-315 dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	1 MG VIAL + 1 ML (1 MG/ML)
100 mcg	10 units (0.1 mL)
200 mcg	20 units (0.2 mL)
300 mcg	30 units (0.3 mL)

STORAGE

Lyophilized powder stored frozen at -20 °C and protected from light; reconstituted solution refrigerated at 2-8 °C and used within about 2-4 weeks. Avoid repeated freeze-thaw cycles, which degrade the protein.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.