PEPTIDEDOSAGE

Follistatin-344 Dosage Chart

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TYPICAL RESEARCH DOSE

100-200 mcg/day SC (research; up to 300 mcg/day)

1 mg vial + 2 mL bacteriostatic water

0.5 mg/mL · 1 unit = 5 mcg on a U-100 syringe

PHASE	DOSE PER INJECTION	UNITS (PER INJECTION)
Initiation (low dose)	100 mcg	20 units (0.20 mL)
Standard research dose	200 mcg	40 units (0.40 mL)
Upper community ceiling	300 mcg	60 units (0.60 mL)

Follistatin-344 dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	1 MG VIAL + 2 ML (0.5 MG/ML)
100 mcg	20 units (0.2 mL)
200 mcg	40 units (0.4 mL)
300 mcg	60 units (0.6 mL)

STORAGE

Lyophilized powder stored frozen at -20 °C and protected from light; reconstituted solution refrigerated at 2-8 °C and used within roughly 2-3 weeks. Follistatin is a fragile protein, so avoid repeated freeze-thaw cycles, heat, and vigorous agitation.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.