PEPTIDEDOSAGE

IGF-1 DES Dosage Chart

Medically reviewed June 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

20-100 mcg per injection (research)

1 mg vial + 2 mL bacteriostatic water

0.5 mg/mL · 1 unit = 5 mcg on a U-100 syringe

PHASE	DOSE PER INJECTION	UNITS (PER INJECTION)
Acclimation (Week 1)	20 mcg	4 units (0.04 mL)
Titration (Weeks 2-3)	40 mcg	8 units (0.08 mL)
Standard research (Weeks 4-6)	60 mcg	12 units (0.12 mL)
Upper community ceiling	100 mcg	20 units (0.20 mL)

IGF-1 DES dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	1 MG VIAL + 2 ML (0.5 MG/ML)
20 mcg	4 units (0.04 mL)
40 mcg	8 units (0.08 mL)
60 mcg	12 units (0.12 mL)
100 mcg	20 units (0.2 mL)

STORAGE

Lyophilized powder frozen at -20 °C; reconstituted solution refrigerated at 2–8 °C and used within roughly 2–3 weeks; avoid repeated freeze–thaw cycles and direct light.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.