PEPTIDEDOSAGE

IGF-1 LR3 Dosage Chart

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TYPICAL RESEARCH DOSE

20–50 mcg once daily SC (research range 20–80 mcg/day)

1 mg vial + 3 mL bacteriostatic water

0.33 mg/mL · 1 unit = 3.3 mcg on a U-100 syringe

WEEK	DAILY DOSE (MCG)	UNITS (PER INJECTION) (ML)
Weeks 1–2	20 mcg (0.02 mg)	6 units (0.06 mL)
Weeks 3–4	40 mcg (0.04 mg)	12 units (0.12 mL)
Weeks 5–8	50 mcg (0.05 mg)	15 units (0.15 mL)

IGF-1 LR3 dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	1 MG VIAL + 3 ML (0.33 MG/ML)
20 mcg	6 units (0.06 mL)
40 mcg	12 units (0.12 mL)
50 mcg	15 units (0.15 mL)

STORAGE

Lyophilized powder frozen at -20 °C; reconstituted solution refrigerated at 2–8 °C; avoid repeated freeze–thaw cycles.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.