PEPTIDEDOSAGE

Ipamorelin Dosage Chart

Medically reviewed May 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

100–250 mcg once daily SC (research: 100–300 mcg 2–3×/day)

5 mg vial + 3 mL bacteriostatic water

1.67 mg/mL · 1 unit = 16.7 mcg on a U-100 syringe

WEEK	DAILY DOSE (MCG)	UNITS (PER INJECTION) (ML)
Weeks 1–2	100 mcg	6 units (0.06 mL)
Weeks 3–4	150 mcg	9 units (0.09 mL)
Weeks 5–8	200 mcg	12 units (0.12 mL)
Weeks 9–12	250 mcg	15 units (0.15 mL)

10 mg vial + 3 mL bacteriostatic water

3.33 mg/mL · 1 unit = 33.3 mcg on a U-100 syringe

WEEK	DAILY DOSE (MCG)	UNITS (PER INJECTION) (ML)
Weeks 1–2	100 mcg	3 units (0.03 mL)
Weeks 3–4	150 mcg	5 units (0.05 mL)
Weeks 5–8	200 mcg	6 units (0.06 mL)
Weeks 9–12	250 mcg	8 units (0.08 mL)

Ipamorelin dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	5 MG VIAL + 3 ML (1.67 MG/ML)	10 MG VIAL + 3 ML (3.33 MG/ML)
100 mcg	6 units (0.06 mL)	3 units (0.03 mL)
150 mcg	9 units (0.09 mL)	4.5 units (0.045 mL)
200 mcg	12 units (0.12 mL)	6 units (0.06 mL)
250 mcg	15 units (0.15 mL)	7.5 units (0.075 mL)

STORAGE

Lyophilized refrigerated or frozen; reconstituted refrigerated; use within ~4 weeks.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.