PEPTIDEDOSAGE

Liraglutide Dosage Chart

Medically reviewed June 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

0.6–3.0 mg once daily (Saxenda); max 1.8 mg once daily (Victoza)

15 mg vial + 1.5 mL bacteriostatic water

10 mg/mL · 1 unit = 100 mcg on a U-100 syringe

PHASE	DOSE PER INJECTION	UNITS (PER INJECTION)
Week 1 — initiation (0.6 mg/day)	600 mcg	6 units (0.06 mL)
Week 2 — escalation (1.2 mg/day; Victoza step dose)	1200 mcg (1.2 mg)	12 units (0.12 mL)
Week 3 — Victoza glycemic ceiling (max 1.8 mg/day)	1800 mcg (1.8 mg)	18 units (0.18 mL)
Weeks 4->5+ — Saxenda titration to maintenance (week 4 = 2.4 mg, week 5+ = 3.0 mg/day)	3000 mcg (3 mg)	30 units (0.30 mL)

Liraglutide dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	15 MG VIAL + 1.5 ML (10 MG/ML)
600 mcg	6 units (0.06 mL)
1.2 mg	12 units (0.12 mL)
1.8 mg	18 units (0.18 mL)
3 mg	30 units (0.3 mL)

STORAGE

Lyophilized vial: refrigerate 2–8°C, protect from light. Reconstituted solution: store at 2–8°C and use within ~14–28 days. Commercial pens: unused refrigerated 2–8°C; in-use stored <=30°C or refrigerated for up to 30 days.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.