PEPTIDEDOSAGE

MGF Dosage Chart

Medically reviewed May 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

100–300 mcg once daily SC (research: 100–200 mcg IM post-workout)

5 mg vial + 3 mL bacteriostatic water

1.67 mg/mL · 1 unit = 16.7 mcg on a U-100 syringe

WEEK	DAILY DOSE (MCG)	UNITS (PER INJECTION) (ML)
Week 1	100 mcg (0.1 mg)	6 units (0.06 mL)
Week 2	150 mcg (0.15 mg)	9 units (0.09 mL)
Week 3	200 mcg (0.2 mg)	12 units (0.12 mL)
Week 4	250 mcg (0.25 mg)	15 units (0.15 mL)
Weeks 5–8	300 mcg (0.3 mg)	18 units (0.18 mL)

MGF dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

DOSE	5 MG VIAL + 3 ML (1.67 MG/ML)
100 mcg	6 units (0.06 mL)
150 mcg	9 units (0.09 mL)
200 mcg	12 units (0.12 mL)
250 mcg	15 units (0.15 mL)
300 mcg	18 units (0.18 mL)

STORAGE

Lyophilized frozen; reconstituted refrigerated; avoid repeated freeze–thaw.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.