PEPTIDEDOSAGE

# P21 Dosage Chart

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TYPICAL RESEARCH DOSE

## 250–1000 mcg once daily SC (educational model; no validated human dose)

### 10 mg vial + 2 mL bacteriostatic water

5 mg/mL · 1 unit = 50 mcg on a U-100 syringe

| PHASE | DOSE PER INJECTION | UNITS (PER INJECTION) |
|---|---|---|
| Weeks 1–2 (acclimation, educational model) | 250 mcg | 5 units (0.05 mL) |
| Weeks 3–6 (standard research range) | 500 mcg | 10 units (0.10 mL) |
| Weeks 7+ (upper research range) | 1000 mcg (1 mg) | 20 units (0.20 mL) |

### P21 dose to syringe units, by vial size

U-100 insulin syringe: 100 units = 1 mL.

| DOSE | 10 MG VIAL + 2 ML (5 MG/ML) |
|---|---|
| 250 mcg | 5 units (0.05 mL) |
| 500 mcg | 10 units (0.1 mL) |
| 1 mg | 20 units (0.2 mL) |

STORAGE

Lyophilized powder stored frozen or refrigerated; reconstituted solution refrigerated at 2–8°C and used within several weeks. Avoid repeated freeze–thaw cycles and protect from light.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.