PEPTIDEDOSAGE

Testoluten Dosage Chart

Medically reviewed June 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

10 mg/capsule; ~10-20 mg/day oral, 10-30 day course

20 mg vial + 2 mL bacteriostatic water

PHASE	DOSE PER INJECTION	UNITS (PER INJECTION)
Introductory educational SC reference (days 1-3)	500 mcg	5 units (0.05 mL)
Conservative course (days 1-10)	1000 mcg (1 mg)	10 units (0.10 mL)
Standard course (days 4-30)	2000 mcg (2 mg)	20 units (0.20 mL)

STORAGE

Real-world capsules: store dry and dark at +2 to +25 °C. For the educational reconstitution model: keep a lyophilized vial at -20 °C long term or 2-8 °C short term, protected from light; once reconstituted, keep refrigerated at 2-8 °C and use within about 3-4 weeks.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.

www.peptidedosage.org/peptides/testoluten/dosage