PEPTIDEDOSAGE

Tirzepatide Dosage Chart

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TYPICAL RESEARCH DOSE

2.5–15 mg once weekly (gradual 4-week titration steps)

5 mg vial + 2 mL bacteriostatic water

PHASE	WEEKLY DOSE (MG)	UNITS (PER INJECTION) (ML)
Weeks 1–4	2.5 mg	100 units (1.0 mL) × 1 injection
Weeks 5–8	5 mg	100 units (1.0 mL) × 2 injections
Weeks 9–12	7.5 mg	100 units (1.0 mL) × 3 injections
Weeks 13–16	10 mg	100 units (1.0 mL) × 4 injections
Weeks 17–20	12.5 mg	100 units (1.0 mL) × 5 injections
Weeks 21+	15 mg	100 units (1.0 mL) × 6 injections

10 mg vial + 2 mL bacteriostatic water

PHASE	WEEKLY DOSE (MG)	UNITS (PER INJECTION) (ML)
Weeks 1–4	2.5 mg	50 units (0.50 mL) × 1 injection
Weeks 5–8	5 mg	100 units (1.0 mL) × 1 injection
Weeks 9–12	7.5 mg	75 units (0.75 mL) × 2 injections
Weeks 13–16	10 mg	100 units (1.0 mL) × 2 injections
Weeks 17–20	12.5 mg	83 units (0.83 mL) × 3 injections
Weeks 21+	15 mg	100 units (1.0 mL) × 3 injections

15 mg vial + 2 mL bacteriostatic water

PHASE	WEEKLY DOSE (MG)	UNITS (PER INJECTION) (ML)
Weeks 1–4	2.5 mg	33 units (0.33 mL) × 1 injection
Weeks 5–8	5 mg	67 units (0.67 mL) × 1 injection
Weeks 9–12	7.5 mg	100 units (1.0 mL) × 1 injection
Weeks 13–16	10 mg	67 units (0.67 mL) × 2 injections
Weeks 17–20	12.5 mg	83 units (0.83 mL) × 2 injections
Weeks 21+	15 mg	100 units (1.0 mL) × 2 injections

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.

30 mg vial + 3 mL bacteriostatic water

PHASE	WEEKLY DOSE (MG)	UNITS (PER INJECTION) (ML)
Weeks 1–4	2.5 mg	25 units (0.25 mL) × 1 injection
Weeks 5–8	5 mg	50 units (0.50 mL) × 1 injection
Weeks 9–12	7.5 mg	75 units (0.75 mL) × 1 injection
Weeks 13–16	10 mg	100 units (1.0 mL) × 1 injection
Weeks 17–20	12.5 mg	62.5 units (0.625 mL) × 2 injections
Weeks 21+	15 mg	75 units (0.75 mL) × 2 injections

STORAGE

Lyophilized frozen; reconstituted refrigerated for up to 28 days.

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www.peptidedosage.org/peptides/tirzepatide/dosage