PEPTIDEDOSAGE

Tripeptide-29 Dosage Chart

Medically reviewed June 21, 2026 · Page updated November 21, 2026

TYPICAL RESEARCH DOSE

Topical 0.1–1% in skincare; oral collagen tripeptide ~1000–2500 mg/day

50 mg vial + 2.5 mL bacteriostatic water

PHASE	DOSE PER INJECTION	UNITS (PER INJECTION)
Introductory (~0.1% topical equivalent)	1000 mcg (1 mg)	5 units (0.05 mL)
Standard cosmetic (~0.5% topical equivalent)	5000 mcg (5 mg)	25 units (0.25 mL)
Maximal cosmetic (~1% topical equivalent)	10000 mcg (10 mg)	50 units (0.50 mL)

STORAGE

Lyophilized Gly-Pro-Hyp powder: store sealed, frozen at -20 °C, protected from moisture and light. Reconstituted solution (educational model): refrigerate at 2-8 °C and use within ~4 weeks. Finished cosmetic serums/creams: store at room temperature, away from heat and direct light.

Educational reference only, not medical advice. Figures restate the research protocol published at the address above.